



# EGD INSTRUCTIONS

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Procedure Date: \_\_\_\_\_ Arrival/Check-in Time: \_\_\_\_\_

**\*PLEASE BE AWARE THAT THIS TIME IS SUBJECT TO CHANGE\***

**Mansfield Endoscopy Center**  
647 N Miller Rd Suite 100  
Mansfield, TX 76063  
Phone: 817-415-9670

**North Richland Hills Endoscopy Center**  
7640 NE Loop 820  
North Richland Hills, TX 76180  
Phone: 469-713-3740

**Mansfield Methodist Medical Center**  
2700 E Broad St  
Mansfield, TX 76063  
Phone: 682-242-2000

**Baylor Surgicare at Mansfield**  
280 Regency Parkway  
Mansfield, TX 76063  
Phone: 817-453-2744

**Medical City Arlington**  
3301 Matlock Road  
Arlington, TX 76105  
Phone: 682-509-6200

**NOTHING to eat or drink after midnight prior to your EGD. You should take your regular medications with a small sip of water the day of the procedure unless otherwise instructed by your doctor. Do not take your medications for GERD.**

**You will need to stop NSAIDS and arthritis medication 5 days before your EGD. This will include Advil, Motrin, Naproxen, Celebrex, Mobic, Excedrin and Glucosamine. You may take Tylenol ONLY.**

**IF you are on a blood thinner or anticoagulant such as Pradaxa (dabigatran), Eliquis (apixaban), Xarelto (rivaroxaban), Coumadin (warfarin), Plavix (clopidogrel), Effient (prasugrel), Brilinta (ticagrelor), **you will need to obtain guidance from your prescribing physician and will most likely need to hold prior to the exam.****

**You MUST stop all diet pills and injections, dietary supplements and herbal supplements 7 days before your EGD. This will include St. John’s Wart, Gingko Balboa, Ginseng, Metabolife, Herbalife, Metloean, Fenfluramine, , Phenylpropanolamine, Phendimetrazine, Amphetamines, Phentermine, Semaglutide (Ozempic, Wegovy), Mounjaro (Tirzepatide), Dulaglutide (Trulicity), Liraglutide (Victoza, Saxenda), Semaglutide (Rybelsus).**

You will be in recovery for 30-45 minutes after the exam. Average total time at the facility is around 2-3 hours. **Someone must drive you home.** You may not use Uber, Taxi or Lyft. You will receive specific instructions about eating, activities, and medications before you leave. If you would like your driver to speak with the physician after the procedure, they will need to be in the waiting room during your exam so the doctor can talk with them after.

**Please call if you have any questions or if you have been unable to obtain your prep:  
817-760-7969 opt. 2**

**Scheduled by \_\_\_\_\_ Ext. \_\_\_\_\_**